



Our Executive Team

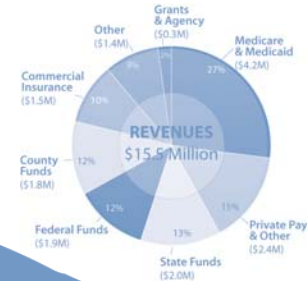
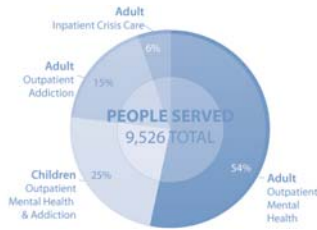
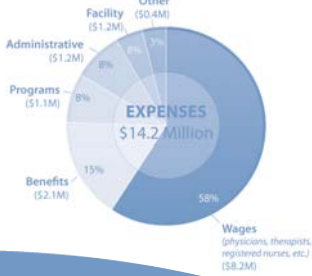
(left to right) Aileen Wehren, Vice President of Systems Administration, Anand Popli, MD, Medical Director, Sandy Carlson, Vice President of Clinical Services, Rocco Schiralli, President/CEO, and Mary Idstein, Chief Financial Officer.

Our Mission

Dedicated to enhancing the quality of life in our community through prevention, treatment, research and education.

Our Vision

Inspiring people to advance the health, balance and hope of our community.



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Health • Balance • Hope

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Valparaiso, IN 46383
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Learn more about the programs and services available at Porter-Starke Services when you visit our newly updated website. Register to attend the next **Learn@Lunch**, our monthly presentation on current topics related to mental health and wellness. Subscribe to our **Healthy Minds** newsletter. Or read about the success of the 2011 Valparaiso Turkey Trot we hosted on Thanksgiving Day!

www.porterstarke.org

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SERVICES**
Health • Balance • Hope

listening
improving
questioning
collaborating
anticipating
expanding
exploring
creating
inspiring

Annual Report

Fiscal Year 2011

Growing

Changes to Indiana Medicaid and the passage of the federal Affordable Care Act suggest a changing healthcare landscape. Porter-Starke Services responded, adjusting services while ensuring the same high level of care our clients and community have come to expect from us, including:

- Serving a record **9,526** clients.
- Expanding office space in **Portage**.
- Increasing client care by 7% with the addition of **new staff**.
- Increasing funding for **supportive housing** to those with mental health issues.
- Earning yet another **three-year accreditation** from the Commission on Accreditation of Rehabilitation Facilities (CARF) with honors.

When we inspire others to join us in advancing the health, balance and hope of our community, we broaden our impact. We achieved this in the past year by:

- Providing **scholarships** to those pursuing education in the behavioral healthcare industry.
- Supported continued professional development for mental healthcare providers through our **Learn@Lunch** series and other educational events.
- Drawing attendees from Indiana, Illinois and Michigan for the 2nd Annual **Living Health, Balance and Hope Symposium**.
- Serving as a **clinical internship site** for area colleges and universities.

Improving

Enhancing the effectiveness and efficiency of service delivery often requires building new systems that support these changes. Porter-Starke Services responded to these adjustments by:

- Implementing new measures to **report and respond** to client progress and recovery.
- Increasing opportunities for clients to provide **feedback** throughout their treatment process.
- Introducing a **web-cam system** at our Inpatient Care Center that allows clients easier communication with the courts while ensuring continued care, safety and comfort.
- Expanding **primary care services** to our clients by partnering with HealthLinc.

As a result of these and other initiatives, Porter-Starke Services earned the following recognition:

- **Outstanding Nonprofit Organization Award** from the Porter County Community Foundation.
- **Special Exemplary Project Award** from the Indiana Primary Health Care Association for our partnership with HealthLinc.
- Three **“exemplary” scores** awarded for our additional service to the community by our CARF accreditors.

Connecting

The Porter-Starke Services Foundation connects with our community through a series of events and activities that align with the mission of Porter-Starke Services.

This past year, the Foundation implemented a range of educational and fundraising efforts that included:

- Hosting the 2nd Annual Living Health, Balance and Hope Symposium titled **Life is Good! The Science of Happiness**, featuring a full-day conference with internationally known clinician Bill O’Hanlon.
- Hosting the 8th Annual **Valparaiso Turkey Trot**, promoting health, fun and community togetherness.
- Donating to The Mental Health America of Porter County **giftLIFT** program, to help provide holiday gift-giving support for people in need.
- Awarding **scholarships** to graduating area high school students and to staff of Porter-Starke Services.
- Delivering nearly **\$15,000** of support to programs of Porter-Starke Services and other non-profit community programs that help meet mental health or addiction needs.

These gifts and programs were made possible through the generous support of local businesses and individuals that share in our vision.

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