



Focused on...

A woman with her eyes closed is lying on her back in a lush green field filled with white and pink daisies. The sky above is bright blue with scattered white clouds. A large white rectangular area is overlaid on the left side of the image, partially obscuring the woman's face and the field.

Envisioning the Future of Care

For over 35 years, Porter-Starke Services has provided mental health and addiction care to our Northwest Indiana communities. Over the past year, that care has expanded through creative visioning, leadership, and collaboration. This 2010 Annual Report reflects the progress we've made in growing the future of mental health and addiction care, while enhancing the quality of life within our communities.

Finding new ways to serve the underserved.

Responding to increasing need, Porter-Starke Services provided more care and treatment last year. Our new Portage facility helped us expand our programs and services to the community. Securing the designation of 'mental health professional shortage area' in Starke County allowed us to better recruit clinicians to our area. And when families were in jeopardy of losing their homes, we partnered with area agencies to ensure that their lives were not disrupted. As we're increasingly asked to do more with less, Porter-Starke Services continues to seek out new and meaningful ways to serve our community's needs.

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health

Expanding what mental health care looks like.

The services we provide show up in some surprising places. Our growing partnership with HealthLinc, a local health center, continues to improve the quality and presence of integrated healthcare - offering mental health services through primary care visits. We've increased mental health clinician time at the HealthLinc offices and now offer physical healthcare services at Porter-Starke Services. This partnership has been recognized by the Indiana Primary Health Care Association and Mental Health Corporations of America. More importantly, it has changed the way people look at their own health.

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balance

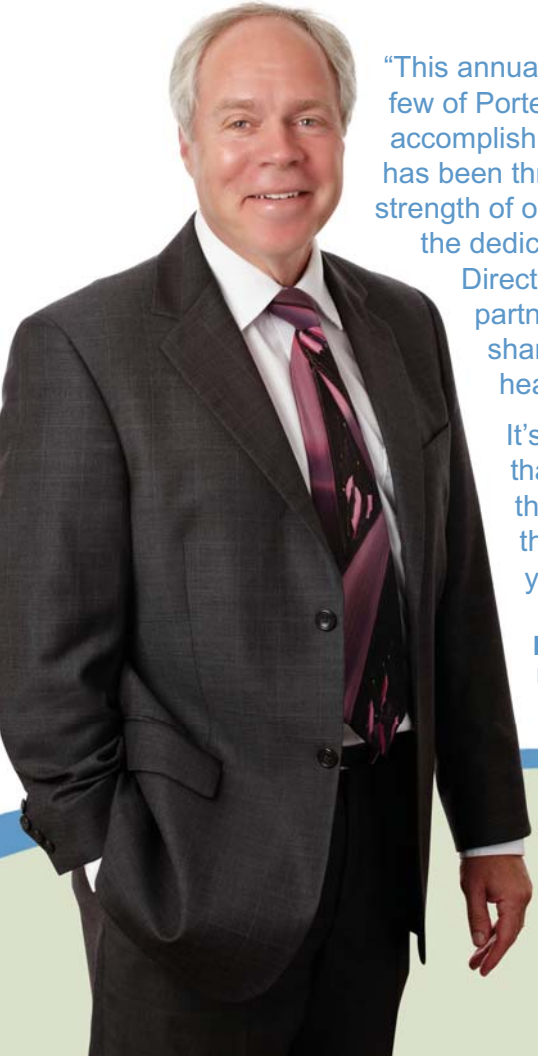
Investing in prevention helps everyone's future.

Many behavioral health issues begin in adolescence. In addition to treatment, Porter-Starke Services tests for depression, anxiety, and substance abuse issues among adolescents at local hospitals and clinics. In partnership with the City of Valparaiso and Valparaiso schools, our clinicians teach the Life Skills prevention program to all middle school students. Elementary school students learn problem-solving and team-building skills on our Beyond Boundaries Challenge Course. And a new program helps teenage parents raise healthy children. With these efforts and more, our children have a bright and hopeful future.

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hope

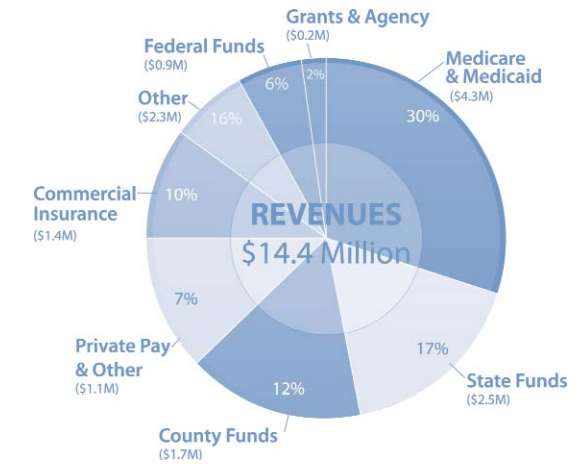
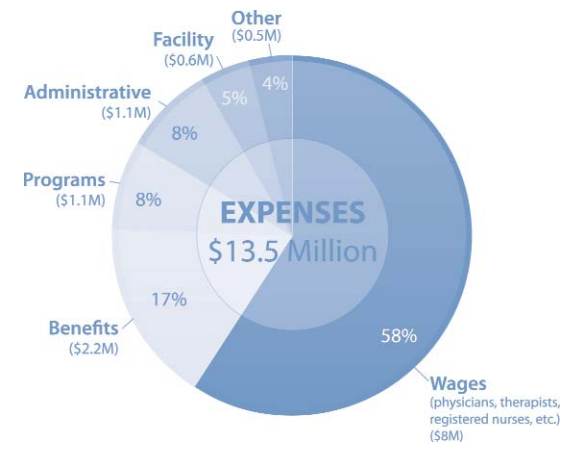
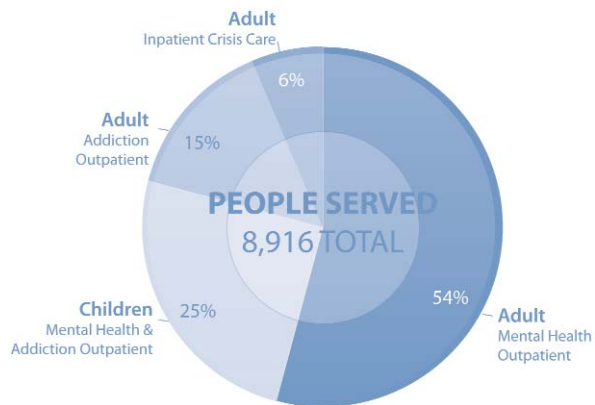


“This annual report highlights just a few of Porter-Starke Services’ many accomplishments this past year. As it has been throughout our history, the strength of our organization relies upon the dedication of our Board of

Directors, staff, volunteers, partners and supporters that share in our hope for a healthier community.

It’s with this collective vision that we continue to provide the best possible care to thousands of people each year. Thank you.”

Rocco Schiralli
President/CEO
Porter-Starke Services



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Annual Report

Fiscal Year 2010

At Porter-Starke Services, we help you live a life of health, balance and hope, and work to ensure that care and treatment exist to support you on your path to wellness.

www.porterstarke.org



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