

Welcome to Porter-Starke Services

We are ready to listen.

Our Care Coordination connects you with the programs, services, providers, and community resources that best meet your needs.

Services you can start immediately may include:

- ★ **Access Groups** - begin services in a group setting
- ★ **Engagement Services** - receive regular check-ins and support services that link you to care
- ★ **myStrength** - download this FREE wellness app



Emergency Services

- 24/7 Crisis Care
- Adult Psychiatric Hospital (Valparaiso)
- Referrals for Additional Services

Substance Use Treatment

- Individual and Group Counseling
- Intensive Outpatient Program
- Medication-assisted Treatment (Methadone, Buprenorphine/Suboxone, Naltrexone)
- Peer Recovery Support
- Tobacco Use Treatment

Therapy Services

- Access Groups
- Individual, Couples, Family, and Group Therapy
- Psychological Testing
- *In-person, home-based, school-based, and telehealth options*

Psychiatric Services

- Psychiatric Evaluation and Diagnosis
- Medication Management
- Diagnosis and Medication Education
- *In-person and telehealth options*

Primary Care

- **Marram Health Center**
 - Adult Healthcare
 - Pediatrics
 - Dental
- **On-site Pharmacy**
- *In-person and telehealth options*

Support Services

- **Case Management**
 - Daily Living Skills
 - Budgeting
 - Parenting
 - Symptom Management
- InSHAPE Wellness Program
- *In-person, home-based, school-based, and community-based options*
- **Supervised Living**
- **Linkage to Community Resources**

Questions? Please contact:

- **Scheduling:** call your office; see below
- **Billing:** 219.476.4546
- **Records Release:** 219.476.4540

For Medication & Health Questions:

- **Nurses Valparaiso:** 219.476.4542
- **Nurses Portage:** 219.763.8850
- **Nurses Knox:** 574.772.8319

If you see a service listed here that you would like to know more about, please let your current provider know. We want to help connect you with the care that best meets your needs.

Porter-Starke Services
601 Wall Street
Valparaiso, IN 46383
219.531.3500



Porter-Starke Services
3176 Lancer Street
Portage, IN 46368
219.762.9557



Porter-Starke Services
1001 Edgewood Drive
Knox, IN 46534
574.772.4040



Recovery Center La Porte
1230 W. State Road 2
La Porte, IN 46350
219.476.4520



Marram Health Center
3229 Broadway Avenue
Gary, IN 46409
219.806.3000



Marram Health Center
704 S. State Road 2
Hebron, IN 46341
219.996.2641



Learn More at porterstarke.org