

Welcome to Porter-Starke Services

We are ready to listen.

Our Care Coordination connects you with the programs, services, providers, and community resources that best meet your needs.

Services you can start immediately may include:

- ★ **Access Groups** - begin services in a group setting
- ★ **Engagement Services** - receive regular check-ins and support services that link you to care

**PORTER
STARKE**
SERVICES
Health • Balance • Hope



Crisis Care Services

- 24/7/365 Crisis Care
- Adult Psychiatric Hospital (Valparaiso)
- Referrals for Additional Services



Substance Use Treatment

- Individual and Group Counseling
- Intensive Outpatient Program
- Medication-assisted Treatment (Methadone, Buprenorphine/Suboxone, Naltrexone)
- Peer Recovery Support
- Tobacco Use Treatment



Therapy Services

- Access Groups
- Individual, Couples, Family, and Group Therapy
- Psychological Testing
- In-person, home-based, school-based, and telehealth options



Psychiatric Services

- Psychiatric Evaluation and Diagnosis
- Medication Management
- Diagnosis and Medication Education
- In-person & telehealth



Primary Care

- **Marram Health Center**
 - Adult Healthcare
 - Pediatrics
- On-site Pharmacy
- In-person & telehealth



Support Services

- Case Management
 - Daily Living Skills
 - Budgeting
 - Parenting
 - Symptom Management
- InSHAPE Wellness Program
- In-person, home-based, school-based, and community-based options
- Supervised Living
- Linkage to Community Resources

Office Locations

Porter-Starke Services | Therapy • Addiction Treatment • Psychiatric Services • Crisis Intervention

- **Valparaiso Office** • 601 Wall St • Valparaiso, IN 46383 • **219.531.3500**
- **Crisis Center** • 2301 Cumberland Dr • Valparaiso, IN 46383 • **219.476.4523**
- **Portage Office** • 3176 Lancer St, Suite A • Portage, IN 46368 • **219.762.9557**
- **Knox Office** • 1001 Edgewood Dr • Knox, IN 46534 • **574.772.4040**

Recovery Center | Medication-Assisted Treatment for Opioid Use Disorder

- **Valparaiso Office** • 2507 Cumberland Dr • Valparaiso, IN 46383 • **219.476.4520**
- **La Porte Office** • 1230 W. State Road 2 • La Porte, IN 46350 • **219.476.4520**

Marram Health Center | Primary Care • Women's Health • Pediatrics • Counseling

- **Gary Office** • 3229 Broadway Ave • Gary, IN 46409 • **219.806.3000**
- **Hebron Office** • 704 S. State Road 2 • Hebron, IN 46341 • **219.996.2641**
- **Portage Office** • 3176 Lancer St, Suite B • Portage, IN 46368 • **219.763.8870**
- **Valparaiso Office** • 701 Wall St • Valparaiso, IN 46383 • **219.476.4646**

Questions or Concerns?

If you see a service listed above that you would like to know more about, please let your current provider know or call an office location. We want to help connect you with the care that best meets your needs.

Helpful Contact Information for Current Clients

- Insurance/Benefits 219.531.3510
- Scheduling Call your office location; see left
- Billing 219.476.4546
- Records Release 219.476.4540

Medication & Health Questions

- Nurses Valparaiso 219.476.4542
- Nurses Portage 219.763.8850
- Nurses Knox 574.772.8319