

# Free Virtual Family Support Group Meetings

Free family support group meetings are now available in a virtual setting every Wednesday through June 17, 2020. This family support group is **for the family members and friends concerned about their loved ones who live with a substance use disorder.**

The program is based on the Community Reinforcement and Family Training model. The CRAFT model is a highly-effective, evidence-based, motivational program that impacts families in multiple areas of their lives.

Topics include:

- Family dynamics: identifying triggers and motivators
- Developing positive communication techniques
- Helping the loved one enter treatment services & engage in recovery
- Effective methods and available resources—empowers you to influence change and improves your quality of life

**To join the family support group live meetings please see the details below:**

**Every Wednesday through June 17, 2020**

**6:30 p.m. – 8:00 p.m. EDT**

**Web link: [bit.ly/CRAFTzoom](https://bit.ly/CRAFTzoom)**

**Call-in: 1 646 558 8656**

**Meeting ID: 128 712 140**

Please email [whitney@overdoselifeline.org](mailto:whitney@overdoselifeline.org) for additional information.

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